



NANETTE FLOYD PATTERSON, MA, LPC

Professional Disclosure Statement

(You Keep for Your Record)

Nanette Floyd Patterson, MA, LCMHC

4917 Professional Court, Ste. 200, Raleigh, NC 27609 877-316-3082 Tel/Fax
www.The-Seed-Planter.com

QUALIFICATIONS

Bachelor of Arts (BA), Shaw University 1997
Master of Arts (MA), NC Central University, 1999
Licensed & Ordained Elder 2012
Licensed Professional Counselor, NC Board of Licensed Professional Counselor, License No. 6931, since 2008
Master HIScoach™, Certified DISC Facilitator

COUNSELING BACKGROUND

Over 15 years of counseling experience working with women, children and teenagers who have challenges in a variety of emotional issue. I help women (both young and seasoned) to overcome anger, depression, stress, low self-esteem, anxiety and other emotion challenges in a non-judgmental manner. I work with children and teens diagnosed with ADHD. In addition, we provide both pre-marital and marriage counseling/coaching.

I use Cognitive Behavior Therapy (CBT), Misbelief Therapy and Christian-based principles. **Individuals do not have to be a Christian.** Spiritual guidance is provided to those who seek spiritual growth. Christian views **WILL NOT** be forced on individuals.

Counseling is provided in a comfortable, safe and confidential atmosphere in which to explore one's issues or problems and work towards personal growth and healing. Counseling presents an opportunity to put things into perspective, remove obstacles and make healthy decisions that can lead towards restoration, reconciliation and healing. Counseling provided provides the platform to grow in all areas of one's life: physical, mental, emotional and spiritual. Receiving counseling at The Seed Planter Coaching & Counseling (from Nanette Floyd Patterson) is an opportunity for healing and encouragement in a **non-judgmental, non-denominational, and non-religious manner.**

SESSION FEES, LENGTH OF SERVICE AND PAYMENT POLICY

Payment is expected at the time of service. Checks are not accepted but we do accept cash, VISA, Master Card, and American Express.

We are part of Medicaid, NC Health Choice and Blue Cross and Blue Shield networks. For other insurance carriers, Nanette Floyd Patterson/The Seed Planter Coaching & Counseling is an out-of-network healthcare provider. Basically, this means your insurance company will not reimburse us directly for your services. It is also possible they will pay a reduced amount, generally about 70% of what they deem to be reasonable and customary. You will need to check with your carrier directly. We do not file claims for individuals at this time. We also accept private pays.

The full fee is due at the time services are rendered unless I have a contract with your insurance company. If I have a contract with your insurance company, the co-payment is due at time of services after the deductible has been met.

FEE SCHEDULE (Ask about sliding scale)

Initial Intake/Evaluation	\$125
Counseling 25-30 min	\$ 60



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Counseling 31-50 min	\$ 85
Counseling 51+ min	\$ 95
Couple's	\$120 - \$150
No-Show	\$ 25
Late-Cancellation	\$ 25
Coaching	(TBD)
Telephone, Video and/or Email Coaching/Counseling	\$75

If individual is going to be more than 15 minutes late for their appointment, he/she must reschedule at another date and time.

USE OF DIAGNOSIS

Most insurance companies require a diagnosis of a mental-health or substance use disorder condition before they will agree to reimburse you. Some conditions for which people seek counseling do not qualify for reimbursement. If a qualifying diagnosis is appropriate in your case, I will inform you of the diagnosis before we submit the diagnosis to the health insurance company. Any diagnosis made will become part of your permanent insurance records.

CONFIDENTIALITY

The confidentiality of your personal health information is very important to us. We may use and disclose your personal information without authorization for the following purposes: abuse, neglect, domestic violence or court order. As required or permitted by law, we may disclose health information about you to a state or federal agency to report suspected abuse to self or others, neglect, domestic violence, or court order. If such a report is optional, we will use our professional judgment in deciding whether or not to make such a report. If feasible, we will inform you promptly that we have made such a disclosure.

Please see "Notice of Privacy Practices" for more detailed information about confidentiality of service and records.

COMPLAINTS

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>).

North Carolina Board of Licensed Professional Counselors
P.O. Box 77819
Greensboro, NC 27417
Phone: 844-622-3572 or 336-217-6007
Fax: 336-217-9450
E-mail: Complaints@ncblpc.org

KEEP DISCLOSURE FOR YOUR RECORDS